





Welcome to 2014!

We have been making steady progress towards our 2020 Vision of transformation in society and 2014 is a great opportunity for another step along The Road to Renewal.

It's apt, therefore, for 2014 to be *A* Year of *Reinforcing Priorities & Goals*.

I wish you much success and prosperity in your journey.



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Dr Chan Abraham President, Leadership International Group Chief Executive, Luminus





Imagine the excitement of a new start: a past that throws no shadows; the possibility of a different future from the one that you feared.

The first step is to clarify what are your priorities & goals – and, importantly, to know why they are driving your life's decisions.

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What are the forces that push you along life's journey? Do you need to act to change the influence they have on the way you think, your actions and your habits?

Choosing to change could be the door to a new way of living.

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What really matters to you in this life? How much of your activity is spent in enabling you to stay true to those priorities? For too many of us this calculation shows a deficit.

That's when we need to reinforce our priorities - and avoid being distracted from pursuing them.

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No one can choose your goals in life, although others can help you identify them. But the goals you choose determine your relationships with people and things.

They forge your thought patterns, character and, ultimately, your destiny.

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Many people struggle to find a sense of real purpose. Life's priorities can be like using the stars to navigate. The challenge is to discover the right ones since they will help us in the journey and achieving the destination.

Our priorities show us our purpose.

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The peoples of Earth show a fascinating diversity of beliefs about what really matters. Whether grasping for survival or aspiring towards self-actualisation, each one's path is directed by their goals.

Crucially, these determine the person you are and the legacy you leave.

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Can anyone really know the value of their goals in life? Perhaps some of the best goals are those that help to realise another person's hopes and dreams.

Set yourself free to choose to make someone else's life happier than your own.

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Who has the right to judge anyone's course in life? History, certainly, will offer a comment on your choices.

Judge yourself. Check how much your priorities and goals serve you, compared to helping others along their journey.

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Service, self-sacrifice and great endeavour

If you want to find real energy for living decide on priorities and goals that challenge you to live a life of service, self-sacrifice and great endeavour for other human beings.

Caution though - you will find this the path most definitely less travelled.

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Hopelessness is the product of a soul without direction. However, finding a great purpose that helps your fellows will bring inner conviction that calls you to higher things.

This is one of the secrets of soaring on eagles' wings through life.

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We all need to have significance - the assurance that our lives matter.

So seek to have priorities and goals that answer positively to the test of whether you are attempting to make this world a better place when you leave than when you entered it.

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Altruistic priorities and goals are the inspiration of noble spirits whose passion is to change the world for the better. Their energy for life is contagious.

Seek their company and enlist in the ranks of cheerful souls who are investing their lives in a brighter future for generations to come.

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2014 a year of A Year of Reinforcing Priorities \mathcal{E} Goals

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