



2019: A YEAR OF SHARPENED FOCUS & NEW IMPACT

My Progress

Name _____ Date _____

Review dates _____

MY PURPOSE AND OVERALL DIRECTION IN LIFE			

MY HEALTH & WELLBEING

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MY FAMILY LIFE

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MY WORK, CAREER, JOB & RELATED RESPONSIBILITIES & ACTIVITIES			
MY FINANCES, ASSETS, POSSESSIONS & HOME			

WHAT I WANT TO CHANGE – e.g. IN MYSELF, IN MY COMMUNITY, MY WORLD			

MY HOPES, PLANS, THOUGHTS FOR 2019, 2020 & 2021			